**Abstract Title** (An Example of Title Capitalize Rule)

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**Background**

**Methods**

**Results**

**Conclusion**

**[Instruction]**

1. The recommended font is Times New Roman, size 11, single-spaced.
2. Avoid excessive formatting such as bolding, underlining, or adding extra spaces between paragraphs.
3. All text, including the title, body, figure/table, references, and author information should be contained on a single page.
4. It is the author's responsibility to ensure that there are no typos or grammatical errors.
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